

TEMPLE SINAI (Established July 6, 1955)

Rabbi Séverine Sokol (1-314-628-9196)

rabbiseverine@gmail.com

Administrator - Mary Beth Colgan - admin@nnsinai.hrcxmail.com

(757) 596-8352 - office (757) 596-8492 - fax

Web address: <http://www.templestinai-nn.org/>

www.facebook.com/pages/Temple-Sinai/161739667352609

twitter account, addresss: [templestinai_nn@templestinai_nn](https://twitter.com/templestinai_nn)

NOVEMBER 2016 - 5777



A Message from the Rabbi

As you know this High Holy Day season presented unexpected challenges to many of us just as we were trying to get ready to welcome 5777. As the period of *Aseret Yemei Teshuva* (the 10 Days of Repentance) was drawing to a close and Yom Kippur was right around the corner, we lost power at the synagogue and many of us lost power in our own houses.

We were not immune. Everyone was on our toes, even my husband who was nursing a bad knee injury. I always appreciated a light gentle rain, especially after living in England for many years. But the recent storm had the snarl of a heavyweight contender. Our house was battered and flooded by the heavy rains and strong winds that accompanied Hurricane Matthew. Then lights out for everyone in the area.

Thankfully we were in one piece, unfortunately the house wasn't. The rains had punctured the roof in several areas. We attempted to put a little order where there wasn't any and tried to get on with our daily activities as if nothing had happened, even though our ceiling had collapsed and parts of the house were uninhabitable. We gathered our bedding and huddled in one of the least vulnerable rooms in our home.

Throughout those challenging times, the congregation was very supportive. Many of you reached out to us with much care and concern. Some even offered their house. Your support was so heartwarming. We cannot thank you enough for all your invaluable care and concern.

Tragically, areas such as Haiti, Florida and the Carolinas, were really roughed up by the hurricane. Many people's homes and lives were destroyed. Our hearts go out to all those who lost loved ones to this natural catastrophe. Let us help the victims to the best of our abilities. That is what community is all about.

As Thanksgiving is drawing near, those of us who have been spared from Matthew have so much to be thankful for – a roof over our heads, the warmth in our lives and a very special congregation whose friendship we are blessed with. We may not have any control over the weather, but we can support one another and make our bond a strong and everlasting refuge. As we proclaim in our Shabbat worship, *'Let there be love and understanding among us. Let peace and friendship be our shelter from life's storms.'*

With gratitude and best wishes to you all for a Happy Thanksgiving,
Rabbi Séverine Sokol



SAVE THE DATE

Super Brunch Sunday December 18th, 2016 between 11 AM and 2 PM hosted by the Endowment Fund to benefit the Rabbi Fund (NRF II).

This event will be free to all members and invited guests and feature a superb catered brunch, assorted libations and a chance to socialize with your congregants as we launch the NRF II.

Please save the date and plan to attend.

Temple Sinai Endowment Fund

**Religious Calendar
NOVEMBER 2016**

7:30 p.m., Friday, November 4th

Shabbat Eve Service

Torah Portion: Noach
(Gen. 6:9-11:32)

Security Usher &

Announcements: Aaron Ostroff

Pre-Oneg Shabbat @ (6:45 p.m.)

Childcare as needed - call Temple office

Friday, November 11th

No Shabbat Eve Service

10:00 a.m., Saturday, November 12th

Shabbat Morning Service

Torah Portion: Lech Lecha
(Gen. 12:1-17:27)

Security Usher &

Announcements: Ilene Leiss

Kiddush will follow after service

Childcare as needed - call Temple office

7:30 p.m., Friday, November 18th

Shabbat Eve Service

Torah Portion: Vayera
(Gen. 18:1-22:24)

Security Usher &

Announcements: Judy Kline

Pre-Oneg Shabbat @ (6:45 p.m.)

SHABBAT SHELI available

7:30 p.m., Friday, November 25th

Shabbat Eve/Thanksgiving Service

Torah Portion: Chayei Sarah
(Gen. 23:1-25:18)

Security Usher &

Announcements: Frank Scott

Pre-Oneg Shabbat @ (6:45 p.m.)

NO Childcare

In addition to our occasional year round Shabbat

babysitting services, we offer a special program, 'YAMIM NORAIM SHELI' ('My Days of Awe') / 'SHABBAT SHELI' ('My Shabbat'), open to the children of Temple Sinai members and to the children of non members alike and free of charge.

The program is a special extra-curricular enrichment program that comes to supplement all the good learning that our students do at Religious School on Sundays!

The children will be engaged in various fun educational activities such as Jewish children's prayers, Jewish art projects, Jewish holiday activities, Jewish stories...and more!

The SHABBAT SHELI schedule is as follows:

- Friday, November 18, at 7:30 PM
- Friday, December 30, around 7:30 PM or so (the community Chanukah celebration, which includes dinner and a concert begins at 6:15 PM).
- Friday, January 20, at 7:30 PM
- Friday, February 24, at 7:30 PM

Let's Learn Hebrew! We are pleased to announce our new adult education series, open to the entire community of Hampton Roads. If you've never had the opportunity to learn Hebrew or learned it a long time ago and managed to forget it (it doesn't take much) I hope you will consider joining me for a beginner's Hebrew class. Knowing Hebrew allows us to read prayers in their original form and understand what they actually mean. It doesn't get better than that! The class will be starting on November 13 and will run for 6 weeks (all classes are on Sundays and start at 1 PM):

November 13, 20

December 4, 11

January 8, 22, 29

February 12, 26

March 5, 12

April 9, 16, 23, 30

Please be sure to check our Temple calendar at templesinai-nn.org (scroll all the way down) and emails or voice-mails for any changes to the schedule. The cost per book is \$20 for Temple Sinai members and \$25 for non-members. Every student will get to keep the book. The Book cost is payable at the time of RSVP. RSVPs are not acceptable without payment. Forms of payment accepted are checks or cash. If you wish to join the class please RSVP to admin@nnsinai.hrcocmail.com or at (757) 596-8352 by Friday, October 28 so that we can order the books in time for our first class!

Yahrzeits



October 30 - November 5 (28 Tishrei - 4 Cheshvan)

Florence R. Gerber	Oct.	30	
Arnold Wachsmann		30	Brother, Rita Meyerson
Victor M. Harkavy		30	
Mary Lebow	Nov.	2	Great-Aunt, Sue Anne Bangel & Joanne Roos
Ben Lebow		2	Great-Uncle, Sue Anne Bangel & Joanne Roos
Morris W. Schwartz		2	
Sima Solomon		2	Great-Grandmother, Sue Anne Bangel & Joanne Roos
Haim Kessel		4	Father-in-law, Michael Byalik
Ruth White		4	
Ann Cooper		4	Aunt, Ilene Leiss

Names will be read during Shabbat Eve Service on Friday, November 4th

November 6 - November 12 (5 - 11 Cheshvan)

Gertrude Polachek	Nov.	8	
Elise Seligman		8	Aunt, Jack Seligman
Marcelle K. Fass		10	Mother, Arthur Fass
Michael Scott Goldberg		10	
Lorna B. Abrams		11	Cousin, Sue Anne Bangel & Joanne Roos
Kenneth Arch		11	

Names will be read during Shabbat Morning Service on Saturday, November 12th

November 13 - November 19 (12 - 18 Cheshvan)

Lillian Kaplan	Cheshvan	13	Mother, Marvin Kaplan
Freda Leiss	Nov.	13	Mother, Ilene Leiss
Henrietta Gluck		13	Grandmother, Ruth Gold Williams
Jack Pattashnick		13	
Ruth Sonnenshine		13	Mother, Jill Neuschaefer
Edythe Feldman		14	
Hava Yudkis		14	Aunt, Michael Byalik
Joseph Nachman		15	Uncle, Sue Anne Bangel & Joanne Roos
Tedi San		16	Sister-in-law, Shirley Stein
Belle Moskowitz Ruben		18	
Hazel E.W. Setzer		19	
Gus Oppenheimer		19	Grandfather, Lynne Schofield

Names will be read during Shabbat Eve Service on Friday, November 18th

November 20 - November 26 (19 - 25 Cheshvan)

Kalman Nestler	Cheshvan	24	Father, Shirley Stein
James R. Mellman	Nov.	20	Uncle, John Mellman
Samuel Lefkowitz		21	
Doris M. Frankel		21	Aunt, John Mellman
Ludwig Seligman		21	Uncle, Jack Seligman
Mera Dobkina		22	Mother-in-law, Michael Byalik
James A. Williams		22	Husband, Ruth Gold Williams
Claire F. Budman		23	Mother, Steve Budman & Michele Linn
Leslie Scheuer		23	Nephew, Sid & Helen Mittelman
Mary Spring		24	Mother, Vicki Kaplan
Gertrude Bloch		26	Mother, Mafred Bloch
Bessie Zedd King		26	Mother, Larry King
Frederick A. Raitch		26	

Names will be read during Shabbat Eve Service on Friday, November 25th

(cont'd on next page)

(cont'd from previous page)

November 27 - December 3 (26 Cheshvan - 3 Kislev)

Gerish Feygelson	Kislev	1	Husband, Vera Feygelson; Father, Josif Feygelson & Asya Mirkes
Martin Eugene Leiss	Nov.	27	Uncle, Ilene Leiss
David G. Weiss		27	
Flora K. Lefkowitz		27	
Dora Price		27	
Lilly Glickstein		28	
Louis C. Moskowitz		28	
David L. Topkis		28	
Celia Mae Lerner		29	
Herbert Nachman		29	Uncle, Sue Anne Bangel & Joanne Roos
Charles M. Stern		29	
Toby Chenkin		30	Wife, Larry Chenkin; Mother, Gary Chenkin
Rona M. Drucker		30	
Florence S.P. Fitzcharles		30	Mother, Maynard Weber
Lloyd G. Abrams	Dec.	2	Cousin, Sue Anne Bangel & Joanne Roos
Herbert S. Falk		2	
Albert F. Budman		2	Father, Steve Budman & Michele Linn
Eve Copley		3	Mother, Sharon Stieffen
Toby Zimmerman		3	Sister, Mel Hutt

Names will be read during Shabbat Eve Service on Friday, December 2nd

Floral Fund



September 30th

Donn Turner & Irene Jacobson in honor of
their special anniversary celebration

October 8th

Mr. & Mrs. Jack Seligman in memory of Lucille Goldsmith

Starting in November, you will notice a change to the Pulpit flowers. We will be using artificial arrangements for most services. We have worked with Stephen, at Bert's Flower Shop, to make arrangements similar to the fresh arrangements we now use. Stephen is the designer who makes the fresh arrangements. Fresh flowers will be used for the High Holidays and can be ordered by members to commemorate a special event if they choose. Starting in November, we will no longer be requesting donations for the Floral Fund.

Help Temple Sinai Religious School - every time you shop at Farm Fresh earns points towards free items for our religious school. Last year the method changed to using key fobs. It's easy, at check out just give your key fob to the cashier and it will be scanned. If you have one from last year they are still good, if you need to pick one up they are available in the Temple office.

Directory correction:

Buddy & Paula Hoffman email:
paulabud1104@gmail.com

Sisterhood News

It is now easier than ever to sponsor an Oneg by making a contribution to the newly established Oneg Fund. For a \$36 contribution you can celebrate a birthday, anniversary, and other special event or honor or remember a friend or family member. The contribution covers the cost of food, beverages, paper goods and a kitchen assistant to take care of setup and cleanup. Contributors are listed in the weekly service program and in the monthly Temple bulletin, and their names are read during the announcements at Shabbat Services. Please see the flyer located in this bulletin, for additional information.

As you read this, the new dishwasher and ice maker should have been installed in the kitchen. This will make having events at the Temple easier. I would like to thank Irene Jacobson and Ilene Leiss for doing the leg work and making this happen.

Upcoming Activities - more info to follow:

Dec 4th - Hanukkah gift shop from 10 AM to 1 PM at the Temple

Dec 11th - Wine Tasting and Lunch at Williamsburg Winery

Dec 30th - Hanukkah Dinner at the Temple (Co-Sponsored with the Brotherhood)

January 28th - Community potluck lunch following service (Co-Sponsored with the Brotherhood)

Feb 18th - A Social Evening II at the home of Donn Turner and Irene Jacobson - Sisterhood Fund Raiser.

As you can see, the Sisterhood has a lot planned for the upcoming year. If you have not joined yet, I encourage you to do so. It is the members that makes Sisterhood strong.

Leslie Borwick

Brotherhood News



Temple Sinai Brotherhood will have it's next breakfast meeting on November 13th at the usual 10a.m. starting time. Our speaker will be Meryl Kessler (wife of former JCC director) who will speak on the Mikvah planned for the JCC.

I am also looking for volunteers to work at our brown bag lunch fund raiser on November 8th and 9th. Please email me at lenn3@verizon.net if you can volunteer your time. Also, mark your calendars to help on December 25th or 26th at the PORT homeless shelter.

Support the Brotherhood!

Larry Linn

Our second campaign for a TREX bench is off to a great start. We officially began October 3 for Rosh Hashanah and now have 6 months to collect 500 lbs. of plastic. Thank you for all your contributions, but please remember that plastic must be CLEAN and DRY. Also this collection is for plastic film only such as grocery bags, newspaper bags, dry cleaning bags etc. Do not turn in bottles or heavier plastic. If you have any questions, contact Christina Verderosa



Contributor's Corner



**ANNA LEE & EDWARD E. KAHN
MEMORIAL BIBLICAL GARDEN
IN HONOR OF DONN TURNER & IRENE
JACOBSON ANNIVERSARY** by Mr. Larry Chenkin.
IN MEMORY OF THELMA PARKINSON by
Lois Spires

ENDOWMENT FUND

IN MEMORY OF DR. EUGENE HEATWOLE
by Lynne Schofield, Dr. & Mrs. Steven Spellman, Mrs.
Norma Frank, Mr. & Mrs. Martin Krinick; **FRANK
FRIEDLAND** by Mr. & Mrs. Jack Seligman. **IN
HONOR OF THE BAR MITZVAH OF SAMUEL
CHENKIN** by Lynne Schofield. **IN HONOR OF
DONN TURNER & IRENE JACOBSON ANNIVER-
SARY** by Mr. & Mrs. Michael Keech, Ms. Judy Kline. **IN
HONOR OF MARY BETH COLGAN 25 YEARS
SERVICE TO TEMPLE SINAI** by Mr. & Mrs. Michael
Keech. **SPEEDY RECOVERY TO NEAL SOKOL** by
Mr. & Mrs. Jay Shinske

RABBI'S DISCRETIONARY FUND

Donation made by Donn Turner & Irene Jacobson

Mazel Tov



Anniversaries:

Yan & Krista Byalik, Gary & Jena Chenkin,
Mike & Jill Keech

Birthdays:

Gary Chenkin, Daniel Meyerson, Helen Mittelman,
Susan Rainville, Wendy Shulman, Odeliah Sokol,
Marilyn Starner, Sharon Stieffen, Donn Turner &
Jill Weisenberger

Nutritional Information

Everyone is always looking for ways to make recipes healthier and lower in calories. There are tons of substitutions out there that can help with this, but my recent obsession is aquafaba. Aquafaba is the water from a can or box of beans or the water used to cook dried beans. It is very low calorie (only around 3 calories per tablespoon!), is a perfect substitute for egg whites in many foods, and can also be used to make lower calorie versions of butter, cheese, or mayonnaise. I think the coolest thing about it is that if you whip it by itself it foams up just like an egg white would, and the foam can be mixed with a sweetener, some cream of tartar, and baked into meringue cookies. The foam can also be mixed with a sweetener and some sort of flavoring to be frozen into a simple and healthier version of ice cream. The possibilities are endless and new ideas are being introduced all the time. Aquafaba is great for those with food allergies or dietary restrictions and is a great opportunity to reduce waste as it is otherwise something we would all just throw out. A quick Google or Facebook search can yield tons of awesome recipes and uses for aquafaba and I hope that you all have as much fun as I have playing with it.

Caring Committee – Funeral/Shiva/Memorial

Reception: If requested, the Caring Committee is available to assist regular temple members or their families with plans for a memorial reception held at Temple Sinai in honor of your loved one who was a regular member. The Sisterhood provides all the table cloths, paper products, plastic ware, beverages (coffee, hot tea, and lemonade) and condiments (sugar, cream) at no cost to you. You will be responsible for the cost of the reception food and, if available, kitchen and/or custodial help. The Caring Committee will assist with set up, clean up, and will ask you for the maximum amount of money you wish to spend, approximate number of attendees, food items you would like us to purchase for you, and how many tables/chairs you would like to have set up for the reception. Payment for goods and services should be made payable to Temple Sinai. An itemized statement can be provided to you after all receipts for expenses have been turned in to the Temple.

If you and/or your family would like to plan your own memorial reception, the Caring Committee would be glad to offer guidance, if needed.

"And on your joyous occasions—your fixed festivals and new moon days—you shall sound the trumpets over your burnt offerings and sacrifices of well-being."

Number 10:10



Celebrate Rosh Chodesh with Temple Sinai Sisterhood

Rosh Chodesh,

the festival of the New Moon has become a traditional women's holiday. According to legend, the holiday was a reward given to the women of Israel because they refused to surrender their jewelry for the creation of the Golden Calf. Because of their righteousness, the women were exonerated from working on Rosh Chodesh.

Tuesday, November 1 6 p.m.

**Home of Nella Ostrovsky
205 Richter Lane, Yorktown**

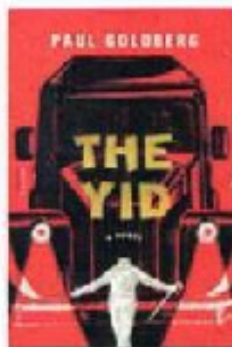
The Rosh Chodesh service will be followed by a meal.

Please bring a dish for a potluck dinner.

RSVP to Nella Ostrovsky at 757-867-9725 or email nostrovsky@cox.net by
October 28.

Jewish Book Council Author Series

A Collaboration of the Jewish Book Council, Temple Sinai & The United Jewish Community



**Meet Paul Goldberg, author
of *The Yid***

Nov. 2nd, 7:00 PM

at Temple Sinai, Newport News

Set in Soviet Russia during the last week of Stalin's life, *The Yid* is a screwball farce about atrocity, revolving around a group of rag-tag conspirators who attempt to take down a tyrant.

Moscow, February 1953. A week before Stalin's death, his final pogrom, "one that would forever rid the Motherland of the vermin," is in full swing. Three government goons arrive in the middle of the night to arrest Solomon Shimonovich Levinson, an actor from the defunct State Jewish Theater. But Levinson, though an old man, is a veteran of past wars, and his shocking response to the intruders sets in motion a series of events both zany and deadly as he proceeds to assemble a ragtag group to help him enact a mad-brilliant plot: the assassination of a tyrant.

"The Yid is darkly playful and generous with quick insights into the vast weirdness of its landscape."

— Glen David Gold, *The Washington Post*



Temple Sinai
11620 Warwick Blvd. Newport News, Virginia 236017
57-596-8352 | templesinai-nn.org

For more information contact Christina Verderosa: verderosachristina@yahoo.com



Enjoy a taste of New York

with a deli-style corned beef lunch from Temple Sinai

Each lunch includes:
a corned beef sandwich on rye
chips, dill pickle, cole slaw, gourmet cookie, condiments,
plastic ware and napkin

for only \$10
Wednesday, November 9
10:30 a.m.-1 p.m.

We will deliver orders of 10 lunches or more between 10:30 and noon or you can pick up
your order at Temple Sinai between 10:30 and 1 p.m. (Please enter on Gatewood Rd.)
All orders (delivery or pickup) must be prepaid and received by November 1, 2016.

Corned Beef Lunch Order Form

Name of person or business _____

Delivery address _____

Email _____ Phone _____

Total # of lunches x \$10 (10 minimum for delivery) \$ _____

Please mail check and order to : Temple Sinai
11620 Warwick Blvd.
Newport News, VA 23601
596-8352

Temple Sinai Brotherhood Membership – 2016 – 2017

(please check all applicable categories):

- ☐ Membership Dues \$25 (does NOT include breakfasts)
- ☐ Men of Reform Judaism Donation: \$ _____
(dues must be paid by December breakfast meeting)
- ☐ All Breakfasts - Brotherhood Member (does NOT include spouse) \$35
single breakfast \$6
- ☐ All Breakfasts - non-member \$40
single breakfast \$6
- ☐ Kiddush Cup fund for Bar/Bat Mitzvahs \$5
- ☐ Annual picnic for Religious School students \$5

Please make check payable to "Temple Sinai Brotherhood". Date: _____.

Name: _____ Total submitted: \$ _____.

Email address: _____ Phone: _____.

Now it's easier than ever to sponsor an Oneg

The word "Oneg" means delight, and there are many occasions that provide a reason to share delight with our Temple Sinai family.

And now the Sisterhood has made it even easier, with the introduction of the Oneg fund. For only \$36 you can mark that special occasion.



Celebrate a birthday, anniversary, graduation, retirement, promotion or honor or remember a friend or family member by contributing to the Temple Sinai Oneg fund.

Your contribution helps provide an assortment of food and drinks as well as a kitchen assistant to take care of set up and clean up.

Contributors are listed in the weekly service program and in the monthly Temple bulletin, and their names are read during the announcements at Shabbat services.

To contribute to the Oneg fund, just fill out the form below and send it to Mary Beth Colgan at Temple Sinai, along with \$36 for each Oneg you wish to contribute to.

Share your joy and remembrances with your friends and family at Temple Sinai.

Name: _____

Phone: _____ email: _____

I would like to contribute to the Oneg fund for the following occasions:

In honor of /memory of _____

Date _____

In honor of /memory of _____

Date _____

In honor of /memory of _____

Date _____

In honor of /memory of _____

Date _____

Please enclose a check for \$36 for each Oneg payable to Temple Sinai Sisterhood.

Please mail the completed form to:

Temple Sinai Oneg Fund

11620 Warwick Blvd.

Newport News, VA 23601

November 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<i>1</i> Deadline for "Enjoy Taste of New York" deli sandwich <u>6:00 p.m.</u> Rosh Chodesh	<i>2</i> <u>7:00 p.m.</u> JBC Author Paul Golberg - "The Yid" @ Temple Sinai	<i>3</i>	<i>4</i> <u>7:30 p.m.</u> Shabbat Eve Service (Childcare as needed - call Temple office)	<i>5</i>
<i>6</i> <u>10:00 a.m.</u> Relg. School (TS) & (RST)	<i>7</i>	<i>8</i> <u>10:00 a.m. -</u> <u>12:00 p.m.</u> Prep For Deli sandwich	<i>9</i> <u>9 a.m.</u> Prep for Deli sandwich <u>10:30 a.m. - 1:00</u> <u>p.m.</u> Pick up for "Enjoy Taste of New York" deli sandwich	<i>10</i>	<i>11</i> NO Shabbat Eve Service VETERAN'S DAY	<i>12</i> <u>10:00 a.m.</u> Shabbat Morning Service (No childcare available)
<i>13</i> <u>10:00 a.m.</u> Relg. School (TS) & (RST) <u>10:00 a.m.</u> Brotherhood Breakfast <u>1:00 p.m.</u> Adult Education	<i>14</i> <u>Noon</u> Fundraising Committee Meeting <u>7:00 p.m.</u> Sisterhood Meeting	<i>15</i> <u>7:00 p.m.</u> Temple Board Meeting	<i>16</i> <u>1:30 p.m.</u> NCJW Book Club Meeting	<i>17</i>	<i>18</i> <u>7:30 p.m.</u> Shabbat Eve Service (SHABBAT SHELI - My Shabbat - Educational Childcare available)	<i>19</i>
<i>20</i> <u>10:00 a.m.</u> Relg. School (TS) <u>1:00 p.m.</u> Adult Education	<i>21</i>	<i>22</i>	<i>23</i>	<i>24</i> THANKSGIVING OFFICE CLOSED	<i>25</i> <u>7:30 p.m.</u> Shabbat Eve/ Thanksgiving Service (No childcare available)	<i>26</i>
<i>27</i> NO Relg. School NO Adult Education Rabbi on vacation	<i>28</i>	<i>29</i>	<i>30</i>			