

TEMPLE SINAI (Established July 6, 1955)

Rabbi Séverine Sokol (1-314-628-9196)

rabbiseverine@gmail.com

Administrator - Mary Beth Colgan - *admin@nnsinai.hrcoxmail.com*

(757) 596-8352 - office (757) 596-8492 - fax

Web address: *http://www.templestinai-nn.org/*

www.facebook.com/pages/Temple-Sinai/161739667352609t

twitter account, addresss: *templestinai_nn@templestinai_nn*

APRIL 2017 - 5777



Happy Passover

A Message from the Rabbi

Children, bless their little hearts, loom large at the Passover Seder, just as they do in our tradition as a whole.

Traditionally at the Seder, the youngest child musters the courage and strength to sing the Four Questions, Mah Nishtanah. The kids in attendance contemplate the plight of the four children. Last but not least, they use their instinctive sleuthing skills to search for the afikoman towards the end of the celebration.

Given the Seder's lengthy text, we have always as a people made accommodations to suit even the tiniest of our participants. According to the Talmud, Rabbi Akiba was known for giving parched wheat and nuts to children on the first night of Pesach so that they would not fall asleep and would enjoy [what was going on]." (Pesachim 99a). Recognizing their particular needs, we always are resourceful and plan fun and educational Passover related activities just for our children, to delight and comfort them.

We do not silence the children at the Community Passover Seder but look to empower and embrace them. Nonetheless we do address this theme of imperilment and hardship. We can't pretend it doesn't exist. The woes that the Israelites faced in bondage are with us in some shape or form today. Compassionate souls the world over share this common bond and concern: the safety and wellbeing of children.

You may have noticed in previous years around this time here in our very own city pinwheels accompanied by kids' silhouettes in gardens throughout Newport News. They are powerful reminders that April is child abuse prevention month. The pinwheels "serve as a national symbol to represent hope, health, and safety for children."

This year, the Newport News Healthy Families & Parents as Teachers Community Advisory Board is hosting another Silent Children's Garden, with an opening ceremony on Wednesday, April 13th, at 6 PM, at Boulevard Park, where Warwick and J. Clyde Morris Boulevard intersect, right around the corner from our synagogue.

"Activities will include vocals by Hampton Roads Academy's Tradewinds Chorus, a beautiful pinwheel art display and contest by Parks & Recreation's After-School program. Newport News Mayor McKinley Price, elected officials, and community members will participate."

Last year, I attended the event and I was deeply moved and inspired to get involved. As a devoted steward of our tradition, as a mother, and as a humble servant of the people here in Hampton Roads my heart aches for those youngsters and the adversity they face.

We here at Temple Sinai value, care for and protect our children. We nurture them by instilling in them our religion's values and by teaching them life skills that have been handed down from generation to generation. Our synagogue has always been open to families in need. Children are always made welcome and to feel at home. We strive to bring healing when hurt resides.

I hope you can attend the opening ceremony so that together we can declare in unison that no child should suffer and that every child has a right to be happy and enjoy a peaceful life.

Wishing you all a meaningful Passover,

Rabbi Severine Sokol

**Religious Calendar
APRIL 2017**



10:00 a.m., Saturday, April 8th

Shabbat Morning Service

Torah Portion: Tzav (Lev. 6:1-8:36)

Security Usher &

Announcements: Paul Brindza

Kiddush AFTER service

NO Childcare available

7:30 p.m., Friday, April 14th

Shabbat Eve Service

Torah Portion: Chol HaMo'ed
(Ex. 33:12-34:26)

Security Usher &

Announcements: Judy Kline

Pre-Oneg Shabbat @ 6:45 p.m.

Childcare as needed - call Temple office

7:30 p.m., Friday, April 21st

Sisterhood Shabbat Eve Service

Torah Portion: Sh'mini
(Lev. 9:1-11:47)

Security Usher &

Announcements: Ilene Leiss

Oneg Shabbat will be AFTER service

Childcare as needed - call Temple office

7:30 p.m., Friday, April 28th

Shabbat/Yom HaShoah Service

Torah Portion: Tazria/Metzova
(Lev. 12:1-15:33)

Announcements: Frank Scott

Pre-Oneg Shabbat @ 6:45 p.m.

Childcare as needed - call Temple office

Mazel Tov



Anniversaries: Drew & Jill Weisenberger

Birthdays: Krista Byalik, Caroline Caplan, Barbara Flechner, Dianne Haley, Mel Hutt, Larry Linn, Jill Neuschaefer, Rabbi Sokol, Lynne Schofield, Bruce Timins

Oneg Fund

It is now easier than ever to sponsor an Oneg by making a contribution to the newly established Oneg Fund. For a \$36 contribution you can celebrate a birthday, anniversary, and other special event or honor or remember a friend or family member. The contribution covers the cost of food, beverages, paper goods and a kitchen assistant to take care of setup and cleanup.

Contributors are listed in the weekly service program and in the monthly Temple bulletin, and their names are read during the announcements at Shabbat Services. Please see the flyer in this bulletin.

March 10th

Dr. Melvin Winter in memory of Shirley Winter &

Dr. Gerson Winter

Eric Schanzer in memory of Ted Schanzer

March 17th

Mr. & Mrs. Steve Kadonoff in honor of the 50th wedding anniversary of Mel & Marge Hutt

March 24th

Donn Turner & Irene Jacobson in memory of James C.

Turner

Brotherhood

March 31st

Donn Turner & Irene Jacobson in memory of Theresa Kruglick

April 28th

Donn Turner & Irene Jacobson in memory of Silvia Jacobson

Mark your calendars:

Community Yom HaShoah Service - Sunday, April 23rd, 4:00 p.m. @ UJC

Annual Congregational Meeting has been changed to Sunday, June 11th @ noon

Yahrzeits



April 2 - April 8 (6 - 12 Nissan)

Mildred Ochsenhaut	Nisan	6	
Sara Reizel Birzh		7	Grandmother, Vera Feygelson
Rose Zoss Linn	Apr.	3	Mother, Larry Linn
Herbert Schoenberg		4	Father-in-law, Sheila Schoenberg
Jane Stark Schwartz		4	
Irene Fisch Hoffman		5	Mother, Buddy Hoffman
Dr. Jay Lionel Kurs		5	
Anne Meyer		6	Aunt, John Mellman
Hannah S. Hess		7	
Louis B. Mirmelstein		7	

Names will be read during Shabbat Morning Service on Saturday, April 8th @ 10:00 a.m.

April 9 - April 15 (13 - 19 Nissan)

Samuel S. Ullman	Apr.	9	
Jene Schoenike		9	Father, Jena Chenkin
Ruth M. Rosenblum		11	
Norman Serwitz		12	
Nedra Israel Harkavy		12	
Matilda Wachsmann		13	Mother, Rita Meyerson
Evelyn W. Adams		13	
Albert "Hank" Greenstone		14	
Max Rockoff		14	
Morris Hess		14	
Evelyn H. Swett		14	
Frank Goldberg		15	
Michael Neuwirth		15	Nephew, Shirley Stein

Names will be read during Shabbat Eve Service on Friday, April 14th @ 7:30 p.m.

April 16 - April 22 (20 - 26 Nissan)

Mary Ellenson	Apr.	16	
Joseph Schneider		16	Father, Sharon Stieffen
Reba Chenkin		17	Mother, Larry Chenkin & Grandmother, Gary Chenkin
Rose Dorfman Rosenblum		18	Mother-in-law, Lona Ross
Harriet Schanzer		18	Grandmother, Eric Schanzer
J.T. Cates		19	Grandfather, Sherri King
Abraham Silberberg		19	
James Proctor		19	
Miriam Sukman		20	Mother, Mike Sukman
Abraham Becker		21	
E. Lucille Moskowitz		22	

Names will be read during Sisterhood Shabbat Eve Service on Friday, April 21st @ 7:30 p.m.

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April 23 - April 29 (27 Nissan - 3 Iyar)

Fritz Gold	Nissan	27	Relative, Ruth Gold Williams
Julius Gold		27	Relative, Ruth Gold Williams
Selma Gold		27	Relative, Ruth Gold Williams
Yetta Gross Smith		29	
Paul Golub	Apr.	23	
Alice P, Vaughn		23	Grandmother, Dianne Haley
Homer J. Chigos		24	
William Garner		24	
William Fitzcharles		26	Father, Dorothy Weber
Sassi Levy		26	
Gustav Shinske		26	Father, Jay Shinske
George Sussfeld		26	Father, Helaine Shinske
Reuben Cohen		27	
Sarah Schlaur Schacter		27	Grandmother, Paul Aronoshn & Leslie Borwick
Samuel L. Gerson		29	Father-in-law, Joanne Roos
Anna B. Green		29	Mother, Norma Frank
Silvia Jacobson		29	Aunt, Irene Jacobson

Names will be read during Shabbat/Yom HaShoah Service on Friday, April 28th @ 7:30 p.m.

April 30 - May 6 (4 - 10 Iyar)

Rose Solomon Fleischer	Apr.	30	
A. Luie Fass		30	Father, Arthur Fass
Isadore Chenkin	May	1	Father, Larry Chenkin & Grandfather, Gary Chenkin
Jason Cartwright		1	Son, Nancy Rader
Stephen C. Ross		2	Husband Ross
Gene Turner		2	Brother, Donn Turner
Abraham Sonnenshine		2	Father, Jill Neuschaefer
Esther Bartman		3	Mother, Lorraine Holzweig
Bertha Gersten		3	Mother, Mel Hutt
Virginia Shakshober		3	Mother, Jenny Cissa
Morrel Gurdin		3	
Dr. Sigmund Newman		3	Father, Lona Ross
Abraham Leiss		4	Father, Ilene Leiss
Elwood Silverstone		4	Cousin, Lona Ross
Dr. Seymour Falk		5	Uncle, Paul Aronsohn & Leslie Borwick
Leonard J. Leavitt		5	Husband, Beryl Leavitt
Milton Mound		5	
Eva Arch		6	
Lucy J. Socolow		6	
Sylvia Knee		6	Aunt, Ilene Leiss

Names will be read during Shabbat/Yom HaAtzmaut Service on Friday, May 5th @ 7:30 p.m.

Nutritional Information

Everyone looks for ways to reduce their carbon footprint as Earth Day approaches. If you are interested in living a more environmental friendly life the easiest and most effective way to start is to change your diet. The easiest change to make is to reduce your consumption of meat and animal products as animal agriculture is the leading contributor to climate change within the food sector. If meatless Mondays aren't your thing, buying local is

another great option. The farther the food has to travel to get to you, the more it impacts the environment. If you can, growing your own food can be fun, eco-friendly, and can help you save money compared to supermarket prices. Plus, many edible plants have beautiful flowers that add to landscaping features. Keeping an eco-conscience mindset while grocery shopping is also

important. Go in to the store with a list so that you don't buy more than you need and end up with waste. Also, look for brands that use recyclable packaging, utilize renewable energy for their production, and/or contribute to charities and research that benefit our planet. Most stores have a "nutrition" section now that features many of these companies for prices that are still comparable to similar products. Luckily, all of these options tend to contribute to a more healthful diet and lifestyle, so however you choose to celebrate Earth Day and our planet, you are helping yourself as well.

I hope you all have a great April and a happy start to spring!

Sarah Dill

Caring Committee – Funeral/Shiva/Memorial

Reception: If requested, the Caring Committee is available to assist regular temple members or their families with plans for a memorial reception held at Temple Sinai in honor of your loved one who was a regular member. The Sisterhood provides all the table cloths, paper products, plastic ware, beverages (coffee, hot tea, and lemonade) and condiments (sugar, cream) at no cost to you. You will be responsible for the cost of the reception food and, if available, kitchen and/or custodial help. The Caring Committee will assist with set up, clean up, and will ask you for the maximum amount of money you wish to spend, approximate number of attendees, food items you would like us to purchase for you, and how many tables/chairs you would like to have set up for the reception. Payment for goods and services should be made payable to Temple Sinai. An itemized statement can be provided to you after all receipts for expenses have been turned in to the Temple.

If you and/or your family would like to plan your own memorial reception, the Caring Committee would be glad to offer guidance, if needed.

Contributor's Corner



ENDOWMENT FUND

HAPPY 50TH WEDDING ANNIVERSARY TO MEL & MARGE HUTT by Mr. & Mrs. Jay Shinske, Mr. & Mrs. Stu Flechner, Dr. & Mrs. Larry Sacks; **STU & BARBARA FLECHNER** by Mr. & Mrs. Jay Shinske. Donation made by Mr. & Mrs. Jack Seligman. **SPEEDY RECOVERY TO IRENE JACOBSON** by Mr. & Mrs. Mike Keech; **STU FLECHNER** by Mr. & Mrs. Aaron Ostroff. **IN MEMORY OF FRANCES SACKS WILLIAMS** by Mr. & Mrs. Larry Linn; **NORMAN FRIEDMAN** by Mr. & Mrs. Larry Linn

NEW RABBI FUND

IN MEMORY OF MARILYN NOCHIMSON by Mr. & Mrs. Buddy Hoffman; **LARRY ROESEN** by Mr. & Mrs. Buddy Hoffman

NEW RABBI FUND II

IN MEMORY OF MICHAEL LVEINE by Mr. & Mrs. Jay Shinske. **GET WELL WISHES TO SHIRLEY GILMONT** by Mr. & Mrs. Jay Shinske

RABBI'S DISCRETIONARY FUND

IN MEMORY OF ANDRÉ HAZIZA by Dr. Bernard & Celia Friedland, Mr. & Mrs. Gary Chenkin; **SANDRA HILLERSON** by Dr. & Celia Friedland



***** JEWISH COOKING SERIES *****



If you are up for a delicious and delightful adventure, join Rabbi Sokol on Wednesdays (see the dates below), at 11 a.m., at Temple Sinai, for a Jewish cooking series!

Travel with her and fellow community members throughout the ages and the world and discover amazing aromas and tastes along the way...

Rabbi Sokol will share family recipes from France, North Africa and Israel. The class will include culinary tips, enchanting Jewish stories, enlightening teachings about our tradition, and more!

Whether you are an experienced cook interested in widening your repertoire, someone who is beginning their culinary adventure, or simply curious to taste new treats and expand your horizons, look no further, this class is for you! Not only will you have fun preparing appetizers with the group but you will also get to sample them!

Cost per person, per single class (to cover food expenses):

-Temple Sinai members: \$ 5

-Non members: \$ 7

RSVP to the Temple office at 596-8352 or admin@nnsinai.hrcoxmail.com no later than the Friday preceding each class (please see below). Payment to the Temple office is also due that day.

CLASS #1: MARCH 29 - (RSVP CLOSED) TUNA CAPER EGG BRIK FROM TUNISIA - This crusty, salty and tangy bundle of goodness will take your breath away!

CLASS #2: APRIL 5 - (RSVP & pay by March 31) ORANGE TOMATO CELERY MOROCCAN SALAD - You'll want to soak up every drop of this sweet and flavorful salad! We'll get nice crusty bread and we'll be all set!

CLASS #3: APRIL 12 - (RSVP & pay by April 7) FRENCH BRAISED ENDIVES - Truly amazing how delicious bitter herbs can taste!

CLASS #4: APRIL 26 - (RSVP & pay by April 21) MOROCCAN EGGPLANT CAVIAR . This golden caviar is much cheaper than fish roe and it is out of this world! What's not to love?!

CLASS #5: MAY 3 - (RSVP & pay by April 28) TOASTED PINE NUT HUMMUS FROM ISRAEL Nothing like freshly made hummus whipped up from scratch!

CLASS #6: MAY 10 - (RSVP & pay by May 5) MOROCCAN MEAT BALLS (KEFTA). One bite of these flavorful mouth watering delights and you will find yourself swept away.....

CLASS #7: MAY 31 - (RSVP & pay by May 26) TOMATO, PEPPER, EGG & FETA SHAKSHUKA FROM NORTH AFRICA. How could such a unique dish of fiery colors and flavors not bring sunshine to your life?!

CLASS #8: JUNE 7 - (RSVP & pay by June 2) TOMATO CUCUMBER ISRAELI SALAD, MY WAY. This delicious summery salad will put a fresh spin on your Mexican salsa!

Now it's easier than ever to sponsor an Oneg

The word "Oneg" means delight, and there are many occasions that provide a reason to share delight with our Temple Sinai family.

And now the Sisterhood has made it even easier, with the introduction of the Oneg fund. For only \$36 you can mark that special occasion.



Celebrate a birthday, anniversary, graduation, retirement, promotion or honor or remember a friend or family member by contributing to the Temple Sinai Oneg fund.

Your contribution helps provide an assortment of food and drinks as well as a kitchen assistant to take care of set up and clean up.

Contributors are listed in the weekly service program and in the monthly Temple bulletin, and their names are read during the announcements at Shabbat services.

To contribute to the Oneg fund, just fill out the form below and send it to Mary Beth Colgan at Temple Sinai, along with \$36 for each Oneg you wish to contribute to.

Share your joy and remembrances with your friends and family at Temple Sinai.

Name: _____

Phone: _____ email: _____

I would like to contribute to the Oneg fund for the following occasions:

In honor of /memory of _____

Date _____

In honor of /memory of _____

Date _____

In honor of /memory of _____

Date _____

In honor of /memory of _____

Date _____

Please enclose a check for \$36 for each Oneg payable to Temple Sinai Sisterhood.

Please mail the completed form to:

Temple Sinai Oneg Fund

11620 Warwick Blvd.

Newport News, VA 23601

You can get something for a dollar!



You can get a birthday or anniversary greeting card sent and help Temple Sinai.



For just \$1 per person, we will sign your name to a birthday or anniversary card and mail it for you. No last minute trips to the store, no mad dashes to the post office, no wracking your brains for clever posts on Facebook. Temple Sinai Sisterhood will take care of it all. All proceeds will help Sisterhood continue its programs. All you have to do is fill in the names on this list, indicate birthday or anniversary, and mail it and your check to:

Jena Chenkin
612 Burton St.
Hampton, VA 23666

(Sender and recipients must be Temple members)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____



Have more than 10 friends? Just turn the sheet over and continue on the back. Thank you

CHECK IT OUT!

New Additions to Our Temple Sinai Library



Bible:

The Pentateuch

Commentary by Samson Raphael Hirsch

Fiction:

The Marriage of Opposites

By Alice Hoffman

Being Esther

By Miriam Karmel

A novel about an 85 year old widow coming to terms with the meaning of her Life

Holiday:

Jewish Holiday Style

by Rita Milos Brownstein

Ideas for holiday recipes, decorations and entertaining

Beautifully illustrated

A Different Light: A Hanukkah Book of Celebration

Edited by Noam Zion and Barbara Spectre

Literature:

World of Sholem Aleichem

By Arnold Perl

This edition is in the form of a play

Holocaust:

Some Wars Never End

by Shirley Ann Newman

Memoirs of a Jewish resistance fighter in Nazi occupied France

If you have any books belonging to Temple Sinai, please return them so that others may enjoy them.

There is a box in the library with books that have been discarded and in need of good homes. They are free for the taking; please browse through them - you may find something interesting and enjoyable.

PASSOVER ITEMS For Sale at Temple

SINAI JUDAICA SHOP

WE have

Seder Plates

Hagadahs

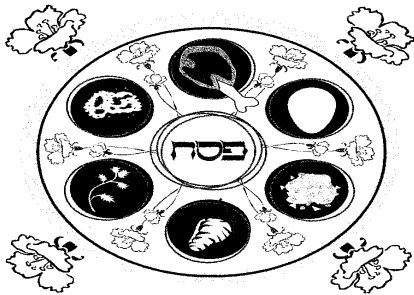
Kiddush Cups

Candlesticks

Matzah Trays

Matzah Covers

Children's place mats





April 2017

CHILD ABUSE PREVENTION MONTH



Participate In a Community Event For Child Abuse Prevention and Show Your Support

EVENT: Celebrity Night Dinner at Salsa's Mexican Grill

Thursday, April 6th from 5:00pm to 10:00pm

HOST: Newport News Child Advocacy Team

Enjoy an evening of great food and fun at Salsa's Mexican Grill at City Center where local celebrities will serve your dinner! 15% of proceeds during the event go to support the Newport News Child Advocacy Team. Salsa's is located at 704 Mariners Row #110, Newport News, VA 23606.

EVENT: Silent Children's Garden Opening Ceremony

Wednesday, April 12th from 6:00pm – 6:45pm

HOST: Newport News Healthy Families & Parents as Teachers Community Advisory Board's Blue Ribbon Committee

Join children and families at Boulevard Park on the corner of Warwick and J. Clyde Morris Boulevard to promote child abuse prevention. Activities include Presentation of Colors by the Menchville High School ROTC, singing by Hampton Roads Academy's Tradewinds Chorus, and celebrity appearances from our elected officials. The beautiful blue and white pinwheels will be on display in the Garden from April 12th - April 24th.



APRIL IS NATIONAL
CHILD ABUSE
PREVENTION MONTH



April 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 NO Relg. School No Adult Education Rabbi on vacation	3 <u>7:00 p.m.</u> Sisterhood Meeting	4 <u>7:00 p.m.</u> Temple Board Meeting	5 <u>11:00 a.m.</u> Jewish Cooking Series	6	7 NO Shabbat Eve Service	8 <u>10:00 a.m.</u> Shabbat Morning Service
9 <u>10:00 a.m.</u> Relg. School (TS) <u>1:00 p.m.</u> Adult Education	10 <u>6:15 p.m.</u> Passover Seder PESACH Begins @ sundown	11	12 <u>11:00 a.m.</u> Jewish Cooking Series	13	14 <u>7:30 p.m.</u> Shabbat Eve Service (Childcare as needed - call Temple office)	15
16 <u>10:00 a.m.</u> Relg. School (TS) <u>1:00 p.m.</u> Adult Education	17	18	19 <u>11:00 a.m.</u> NCJW Book Club Meeting	20	21 <u>7:30 p.m.</u> Sisterhood Shabbat Eve Service (Childcare as needed - call Temple office)	22
23 <u>10:00 a.m.</u> Brotherhood Breakfast/ Relg. School (TS) <u>1:00 p.m.</u> Adult Education <u>6:00 p.m.</u> Yom HaShoah @ UJC	24	25	26 <u>11:00 a.m.</u> Jewish Cooking Series	27	28 <u>7:30 p.m.</u> Shabbat/Yom HaShoah Service (Childcare as needed - call Temple office)	29
30 <u>10:00 a.m.</u> Relg. School (TS) & (RST) <u>1:00 p.m.</u> Adult Education						