

TEMPLE SINAI (Established July 6, 1955)

Rabbi Séverine Sokol (1-314-628-9196)

rabbiseverine@gmail.com

Administrator - Mary Beth Colgan - *admin@nnsinai.hrcoxmail.com*

(757) 596-8352 - office (757) 596-8492 - fax

Web address: *http://www.templestinai-nn.org/*

www.facebook.com/pages/Temple-Sinai/161739667352609t

twitter account, address: templestinai_nn@templestinai_nn

SEPTEMBER 2017 - 5777



HAPPY NEW YEAR

A Message from the Rabbi

Dear Friends,

This September fall in love all over again with Temple Sinai. Usher in the Jewish New Year with excitement and anticipation with your friends and family here at shul. We will bring the world of Judaism right to your doorstep and all are welcome to share in the excitement we have in store for you.

This upcoming year we are in for a treat as our programming will whisk you to all parts of the globe. You will be moved by our musical guests, enlightened by visiting artists, writers and educators. And most importantly you will be in great company for a number of Hampton Roads firsts and exclusives.

Please mark up your calendar for all the events this month...

I am pleased to announce on Sunday September 24, as part of the 10 a.m. Brotherhood Breakfast, Richard Michelson will be our special guest. Michelson is not only a mogul in the art world but also a poet praised by the great Nobel Laureate Elie Wiesel.

Since that incredible moment he has not stopped earning accolades nationwide for his writing on American culture from the Lindy Hop to home run king Lipman Pike.

And if you love Spock, Michelson will transport us to the final frontier as he talks about his close relationship with his dear friend Leonard Nimoy.

I am ever so grateful to our sponsors the Seymour and Lillian Glasofer Fund of Temple Rodef Sholom Temple and Weymouth Funeral Home for helping make this special program possible.

Our youngsters at both Rodef Sholom Temple and Temple Sinai will not miss out on the fun as Michelson will speak in a separate program for our religious school students on his instant classic on the rebirth of Hebrew, The Language of Angels, among other hit children's titles.

This is going to be an incredible year for those hungering for knowledge and also for those with an appetite for Jewish cuisine. Back by popular demand and inspired by my wonderful students I will be serving up more Jewish cooking classes.

Rise and shine, and brighten your day, starting September 9th, about once a month, we will meet at 9 a.m. in the kitchen to prepare an authentic Moroccan or French dish that will compliment our truly special Community Luncheons. We will feast on these delicacies after Shabbat morning services.

On Sunday September 3rd, from 1 - 2 p.m., at the synagogue, we will enjoy a special music program led by Master Musician and Congregant Jena Chenkin. It will feature Temple Sinai's newest musical group, Shalom Strings. Come and learn about string instruments and enjoy some Jewish songs!

Also on September 3rd, at 4 p.m., join us along with your guests at the home of Judy Kline and Gary Dohey for a barbecue with your Temple Sinai family. The event will benefit the Sisterhood. It will be a lovely get together and it is for a good cause!

Keep an eye on the Temple Sinai bulletin and e-blast for more information about these programs and for the latest exciting developments.

Wishing you all a Shanah Tovah, a Happy New Year, filled with only good things and in anticipation of terrific times ahead,

Rabbi Severine Sokol



**Religious Calendar
SEPTEMBER 2017**



7:30 p.m., Friday, September 1st

Abridged Shabbat Eve Service. Honey - Hive to Table: An explanation of what honey is, where honey comes from and the steps to harvest honey, culminating in honey tasting! Mr. Peter Ostrowski is a dedicated member of the Colonial Beekeepers Association (former NASA-Langley Apiculture Club) and in the Virginia State Beekeepers Association (VSBA). He lives in Gloucester County on 1-1/2 acres and became interested in beekeeping in 2000 because of lack of pollination of the fruit trees on his property. Come and join us for the full story during Oneg. It will be a wonderful way to prepare for Rosh HaShanah and usher in a Sweet New Year together.

Torah Portion: Ki Tetze
(Deut. 21:10-25:19)
Greeting Usher: Robert Rubinstein
Candle Intro: Leslie Borwick
Kiddush Intro: Alice Rubinstein
Security Usher & Announcements: Ilene Leiss
Oneg Shabbat follows service
NO Childcare available

Friday, September 8th
No Shabbat Eve Service

10:00 a.m., Saturday, September 9th
Shabbat Eve Service

Torah Portion: Ki Tavo
(Deut. 26:1-29:8)
Security Usher & Announcements: Aaron Ostroff
Oneg Shabbat follows service
NO Childcare available

7:30 p.m., Friday, September 15th
Shabbat/Selichot Service

Torah Portion: Nitzavim/Vayelech
(Deut. 29:9-31:30)
Security Usher & Announcements: Irene Jacobson
Oneg Shabbat follows service
Childcare as needed - call Temple office

7:30 p.m., Wednesday, September 20th

Rosh Hashanah Eve Service

Security Usher & Announcements: Larry Linn
Oneg Shabbat follows service
Childcare available



10:00 a.m., Thursday, September 21st

Rosh Hashanah Morning Service immediately followed by Tashlich ceremony @ Lions Bridge (Mariner's Museum) - transportation will be provided

Security Usher & Announcements: Ilene Leiss
NO Childcare available

7:30 p.m., Friday, September 22nd

Shabbat Shuvah Service

Torah Portion: Ha'azinu
(Deut. 32:1-32:52)

Security Usher & Announcements: Paul Brindza
Oneg Shabbat follows service
Childcare as needed - call Temple office

7:30p.m., Friday, September 29th

Yom Kippur Eve Service

Security Usher & Announcements: Donn Turner
Childcare available



Saturday, September 30th, Yom Kippur

10:00 a.m. - Morning Service (childcare available)

2:00 p.m. - Afternoon Service

3:45 p.m. - Yizkor Service (childcare available)

4:45 p.m. - Ne'lah Service followed by Break-the-Fast

Security Usher for all above services: Larry Linn

If you are taking part in the High Holy Day services please be sure to sit towards the front of the sanctuary, it will help keep our services to a reasonable time frame.

Community Selichot Service hosted by Adath Jeshurun Synagogue at the UJC on Saturday, September 16th @ 8:45 p.m. Selichot means forgiveness, and it is an introduction to the High Holy Day season.

High Holiday Ticket Policy

HHD ticket policy - Members of this or another Temple member of the Union of Reform Judaism (URJ) will be admitted for all services upon presentation of a current membership card for free. College students, children under the age of 18, enlisted personnel and members of other congregations are free. Nonmembers should prepay the current charge prior to attending the service. Those with authentication enter through the main doors; others enter through the library door (which also serves as entrance for those with disabilities). The charges for nonmembers for the first year are \$125 for an individual, \$300 for a family. For a second year attendance, the charges are doubled. Should a prospective attendee's financial situation require special consideration, application should be made to the Finance Committee. People who purchase tickets and subsequently become members during the fiscal year shall have their ticket payment credited against that year's dues. This applies from the High Holy Days until June 30th the following calendar year.

Tashlich Ceremony

The Tashlich ceremony will take place immediately following the Rosh Hashanah Morning on Thursday, Sept. 21st at the Lions Bridge (Mariner Museum), transportation provided. '**Tashlich**' means 'you shall cast'. The term comes from Micah 7:19: "You shall cast all their sins into the depths of the sea." The Tashlich ceremony traditionally takes place near a source of water, such as the sea, a stream or a lake, on Rosh HaShanah afternoon. The rituals of Tashlich are very meaningful. We cast our transgressions away into the waters and pledge not to commit them again in the future. As part of our service, we will feed the fish and the ducks some corn kernels, symbolizing the casting away of our sins and celebrating God's Creation. Please join us for this very special and important ceremony as we begin our journey to Teshuvah, repentance, together.

Cemetery services - Sunday, September 24th 11:00 a.m. Rabbi Dror will lead the graveside service at the Jewish Cemetery of the Virginia Peninsula (Rosenbaum). Rabbi Sokol will lead the service at the Peninsula Memorial Park @ 1:00 p.m.

Updated 2017-2018 Temple directories will be available for you to pick up during High Holiday Services. They will be in a tray on the bookshelf arranged in alphabetical order.

September 3rd from 1-2 p.m. -Temple Sinai's newest musical group, Shalom Strings, will be performing. This will be an interactive, educational program and will feature violin, viola, string bass and Jewish songs. Come and learn something new about string instruments and also the differences in sound between the violin, viola, cello and string bass. At the end of the program, anyone who wishes can try to play an instrument. This event is part of Temple Sinai's Religious School program, which starts at Kindergarten age, and is open to the public and appropriate for ages 3-93+. Grandparents are welcome and encouraged to bring their grandchildren



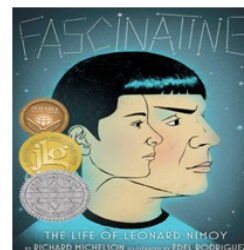
Monthly Sisterhood Meetings – Starting in September the meetings will be held on the first Tuesday of every month @ 7:00 p.m.

September 24th

Trekkies, pop culture lovers, and Jewish culture mavens, on Sunday September 24, beam yourself over to Temple Sinai for an exclusive area presentation by award-winning poet laureate and writer Richard Michelson on his latest "fascinating" profile of an American icon, his dear friend Leonard Nimoy.

Please note the Brotherhood Breakfast will start at 10 a.m. as usual. From 10-11 a.m., we will have breakfast, a business meeting and a 50-50 raffle. Richard Michelson will speak at 11 a.m. Books for sale will be available for signing.

We are very grateful to The Seymour and Lillian Glasofer Fund of Temple Rodef Sholom Temple and Weymouth Funeral Home for co-sponsoring the event along with our congregation.



JEWISH CUISINE

Please be our special Shabbat guest and join Rabbi Sokol on Saturday mornings, at 9 a.m. prior to services, and start the day right with prayer and a hearty appetite for Jewish Cuisine as you share a delicious meal with your Temple Sinai family!

By popular demand, Rabbi Sokol will teach more of her authentic family recipes. No prior experience necessary, all are welcome to be swept away by the aromas and flavors Morocco and France.

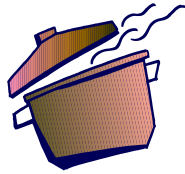
The Jewish Cuisine class at 9 a.m. is free of charge. It is open to the public and there is no need to RSVP. Please knock on the kitchen door at the top of the staircase, near the biblical garden, to your right facing the building from the parking lot. If you need to use the ramp please call Rabbi Sokol at (314) 628-9196.

The Community Lunch following our 10 a.m. service is open to the public and costs \$12 for adults and \$5 for children under 12. Kindly call Temple Sinai's office (596-8352) to RSVP and pay by the listed deadlines.

To our vegetarian friends: You can substitute any fish/poultry dish with an alternative vegetarian entrée upon request. Please be sure to call the office by the deadline to reserve your vegetarian entrée!

Our first session is September 9, 2017
(RSVP by Friday September 1):

In Anticipation of Rosh HaShanah
POISSON A LA MAROCAINE
White fish prepared in an enchanting vegetable, herb and spice blend complimented by crusty bread, pasta salad, fresh fruit, beverages (wine, lemonade, iced tea & coffee) and ever so sweet cookies.



Help Temple Sinai Religious School - every time you shop at Farm Fresh earns points towards free items for our religious school. Last year the method changed to using key fobs. It's easy, at check out just give your key fob to the cashier and it will be scanned. If you have one from last year they are still good, if you need to pick one up they are available in the Temple office.

Our Hebrew Class Is Back!

We will complete our studies in "Aleph Isn't Tough" and will embark on a new adventure with "Aleph Isn't Enough"!

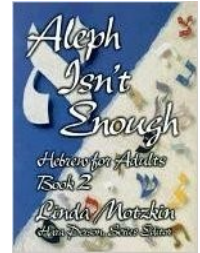
We will meet at Temple Sinai on the following dates (all Wednesdays @ 1 p.m.):

October 25
November 1, 8, 29
December 6, 13
January 3, 10, 24, 31
February 7, 14, 28
March 7, 14
April 11, 25
May 2, 9, 23, 30
June 6, 13

Please note this schedule is subject to changes. Rabbi Sokol will let the group know of any changes as soon as she can.

Looking forward to another great year together!

Rabbi Sokol



Welcome new members:

George & Leigh Fenigsohn
111 North Lawson Road
Poquoson, VA 23662
868-8386



Member change of info:

John & June Mellman
412 Wilhelmsia
Colorado Springs, CO 80904
719-634-1170

Yahrzeits



August 27 - September 2 (5 - 11 Elul)

| | | | |
|---------------------|-------|----|------------------------|
| Izzarl Feygelson | Elul | 5 | |
| Christine Nedwedik | Aug. | 27 | |
| Rose Gross Wolpow | | 29 | Mother, Paula Hoffman |
| Sara Lea Seligman | | 30 | Mother, Jack Seligman |
| Maxwell Van Dam | | 31 | Brother, Sonya Bloch |
| Bland Allen Stein | | 31 | Husband, Shirley Stein |
| Brunette E. Kaufman | Sept. | 1 | |
| Deborah G. Binder | | 2 | |

Names will be read during Shabbat Eve Service on Friday, September 1st @ 7:30 p.m.

September 3 - September 9th (12 - 18 Elul)

| | | | |
|--------------------|-------|---|----------------------------|
| Rhea Siegfried | Sept. | 4 | Friend, Judy Kline |
| Eugene Heatwole | | 4 | Husband, Mary Heatwole |
| Anna Gorochovskaya | | 5 | Mother, Rita Gorochovskaya |
| Edward E. Kahn | | 7 | |
| Hiram Finander | | 8 | |
| Margaret A. Smith | | 8 | |

Names will be read during Shabbat Eve Service on Friday, September 8th @ 7:30 p.m.

September 10 - September 16 (19 - 25 Elul)

| | | | |
|-----------------------|-------|----|----------------------------|
| Thomas J. Digby | Sept. | 11 | Father, Mary Heatwole |
| Irvin A. Kahn | | 11 | |
| Martin Sitowitz | | 13 | Cousin, Shirley Stein |
| Samuel Wachsman | | 14 | Father, Rita Meyerson |
| Jeffrey M. Schoenberg | | 15 | Husband, Sheila Schoenberg |
| Irving L. Kline | | 16 | Father, Judy Kline |
| Paul Richman | | 16 | |
| Arnold R. Ritt | | 16 | |

Names will be read during Shabbat /Selichot Service on Friday, September 15th @ 7:30 p.m.

September 17 - September 23 (26 Elul - 3 Tishrei)

| | | | |
|-----------------------|-------|----|--------------------------|
| Bessie Kramer Linas | Elul | 28 | |
| Ruth Taylor Ostroff | Sept. | 17 | Mother, Aaron Ostroff |
| Samuel Abrams | | 18 | Uncle, Maynard Weber |
| Jeannette S. Davidson | | 18 | |
| David Goldberg | | 18 | Father, Stanley Goldberg |
| Mary Sherman | | 18 | |
| Glenn Setzer | | 19 | |
| Sarah K. Small | | 19 | |
| Alexander Sherman | | 20 | |
| Julius Tischler | | 21 | |
| H. Carl Butler | | 23 | Father, John Butler |
| Jules Cofman | | 23 | |

Names will be read during Shabbat Shuvah Service on Friday, September 22nd @ 7:30 p.m.

September 24 - September 30 (4 - 10 Tishrei)

| | | | |
|------------------|---------|----|------------------|
| Samuel Aronsohn | Tishrei | 4 | |
| Sadie Kolinsky | Sept. | 26 | |
| Marvin B. Lerner | | 26 | |
| Rose Norad | | 29 | Aunt, Larry King |
| Nellie Katz | | 30 | |

Names will be read during Yom Kippur Eve Service on Friday, September 29th @ 8:00 p.m.

Contributor's Corner



**ANNA LEE & EDWARD E. KAHN
MEMORIAL BIBLICAL GARDEN
IN MEMORY OF SID MITTELMAN** by Mr. Larry
Chenkin

ENDOWMENT FUND

IN MEMORY OF DORIS SELIGMAN by Mr. & Mrs.
Jack Seligman; **SID MITTELMAN** by Dr. & Mrs. Lewis
Rothstein, Ms. Judy Kline, Mr. & Mrs. Aaron Ostroff,
Mrs. Ruth Gold Williams, Mr. & Mrs. Jack Seligman,
Mr. & Mrs. Stan Molin, Mr. & Mrs. Larry Linn, Mr. &
Mrs. Jay Shinske, Mr. & Mrs. Lester Seigman;
SUEANNE BANGEL by Dr. & Mrs. Lewis Rothstein;
DAVID LIPSITZ by Mrs. Sheila Schoenberg

NEW RABBI FUND

IN MEMORY OF SUE ANNE BANGEL by Mr. & Mrs.
Arthur Fass, Mr. & Mrs. Buddy Hoffman, Mr. & Mrs.
Mike Keech; **SID MITTELMAN** by Mr. & Mrs. Mike
Keech; **PHIL SALASKY** by Mr. & Mrs. Buddy Hoffman

PULPIT MUSIC FUND

IN MEMORY OF SID MITTELMAN by Mrs. Joanne
Roos

RABBI'S DISCRETIONARY FUND

IN MEMORY OF SID MITTELMAN by Mr. & Mrs.
Mel Hutt.
Donation made by Ms. Billie Eisner

**RENA & CHARLES KATES LIBRARY FUND
IN HONOR OF THE BAR MITZVAH OF NORMA
FRANK'S GRANDSON** by Mrs. Joanne Roos

**Cemetery plots - Temple Sinai section @ Peninsula
Memorial Park available** - cost: members - \$2,000 –
non-members - \$3,000. Please contact Mary Beth if
interested.

Mazel Tov



Anniversaries: Paul Brindza & Wendy
Shulman, Iosif & Rimma Feygelson, Aaron & Gloria
Ostroff, Larry & Ruth Sacks, Donn Turner & Irene
Jacobson

Birthdays: Samuel Chenkin, Asya Mirkes, Mary Scott,
Eve Ware

On Nov. 12 at 11 a.m., Temple Sinai will host the Simcha Klezmer Band as it performs in concert, playing the traditional music of Eastern European Jews. Following the tunes that are sure to stir our hearts will be a luncheon of street food of Israel prepared by Gholam Farrokhpour and our Brotherhood.

There is no cost to attend the concert or the luncheon.

The Simcha Klezmer Band had its first performances for OpSail 2000 at Towne Point Park. Since then, the band has provided music for such varied situations as the ODU performances of the Holocaust drama "Manifest" and joyful occasions such as weddings, Bar and Bat Mitzvah, and Simchat Torah celebrations.

All of the group's five members are professional musicians and retired military.

The afternoon is a thank-you party for those who have already pledged to the New Rabbi II Fund.

Those who have not yet pledged can do so before Nov. 12 or at the Nov. 12 event. A letter explaining the details has already been sent to your home's mailbox. No gift is too small. At whatever comfort level new pledgers will offer, and in the spirit of *today rabah*, mitzvot will abound for Temple Sinai.

Those who have already pledged need not do so again. You don't want to miss this afternoon. Put Nov. 12 on your calendars now. Questions? Please call Temple Sinai President Paul Brindza at **757-262-6150**.



Oneg Fund

It is now easier than ever to sponsor an Oneg by making a contribution to the newly established Oneg Fund. For a \$36 contribution you can celebrate a birthday, anniversary, and other special event or honor or remember a friend or family member. The contribution covers the cost of food, beverages, paper goods and a kitchen assistant to take care of setup and cleanup.

Contributors are listed in the weekly service program and in the monthly Temple bulletin, and their names are read during the announcements at Shabbat Services. Please see the flyer in this bulletin.

June 30th

Mr. & Mrs. Jay Shinske in memory of Cecile Shinske, Marilyn Frankel & Esther Sussfeld

July 14th

Sharon Stieffen in memory of Larry Schneider

August 12th

Mrs. Joanne Roos & family in loving memory of William (Bill) Roos

August 18th

Mr. & Mrs. Aaron Ostroff in memory of Esther Ritner Spivak

September 15th

Judy Kline in memory of Irving Kline

Mr. & Mrs. Paul Aronsohn in honor of their wedding anniversary and the birthdays of Monique Aronsohn and Annie Hessels Johnston

Nutritional Information

Food is such a massive part of our lives. Food helps us share our love, our culture, and our creativity. It is such a positive tool for nourishing more than our bodies and yet there is so much nutrition advice that focuses on condemning it. I think the best, most constructive, advice encourages people to make healthier food choices without shaming them. Unfortunately, that advice is less sensational and has a harder time making it to consumers. Even more unfortunately, most of the sensational nutrition headlines feature bad science and no real expertise. It can be exhausting to navigate which articles or documentaries are trustworthy, but there are a few ways to help make the distinction less overwhelming. First, look for credentials. Anyone with an RD or RDN, MPH, or MD behind their name is going to be more reliable than someone without. That doesn't guarantee that they are without bias, though. Are they trying to sell you something? It's fine to promote a book they've written as an expert, but if they're pushing a supplement, or a diet named after themselves, they're probably bending the truth. Most people are dying to find that one magic cure to their ailment and there are plenty of professionals looking to cash in on that. Just remember that if it sounds too good to be true or if "Doctors Hate Him For This One Food Combination" it's quackery. Quality advice will always cite sources, explain everything in normal language without confusing lingo, and sound sensible. You should never be made to feel like you're walking through a mine field in the grocery store. You should feel informed, empowered, and excited about your diet. I encourage you all to be thoughtful about your diet decisions and vigilant about seeking and spreading sound nutrition advice. Just as we can create a healthier life by "crowding out the junk" with food, we can create a healthier community by doing the same with nutrition information.

Sarah Dill

Coming in October

Friday October 27, following abridged services @ 7:30 p.m.:

Join us for a special presentation on Yam HaMelach, the Dead Sea, by Professor Tal Ezer of ODU in honor of Parashat Lech L'cha, where the Dead Sea is mentioned.

Professor Tal Ezer is a Professor of Ocean Earth & Atmospheric Sciences (OEAS) Affiliated Faculty, Virginia Modeling Analysis & Simulation Center (VMASC). He has a Ph.D. in Physical Oceanography from Florida State University (1989), an M.Sc. in Atmospheric Sciences from the Hebrew University (1984) and a B.Sc. in Physics & Mathematics from the Hebrew University (1981).

He came to ODU in 2007, after spending almost eighteen years at [Princeton University](https://www.princeton.edu/). Since the early 1990s he has managed and provided support to the Princeton Ocean Model ([POM](https://www.princeton.edu/~poc/)) users group of some 4,000 modelers from 70 countries. His research interests are: physical oceanography, numerical ocean modeling, coastal dynamics, mixing processes, physical-biological interactions, Climate Change and Sea Level Rise.

Temple Sinai's Annual High Holy Day Food Drive to benefit LINK. Bags will be available at the Temple Please provide any of the following non-perishable items. If you prefer, you can make a monetary donation; be sure to make your checks payable to LINK. Drop off your donation to Temple any time before Yom Kippur. Your generosity is greatly appreciated.

| | |
|---------------------------------------|---------------------------------|
| Canned meats | Canned & dry milk |
| Beef stew | Coffee & Tea |
| Canned chicken or tuna | Canned juices |
| Canned beans | Cake Mix |
| Macaroni and cheese | Flour |
| Canned fruit | Cornbread mix |
| Canned vegetables | Oil |
| Peanut butter | Bread |
| Jelly | Sugar |
| Canned soups | Mayonnaise |
| Cup of noodles/ramen | Cookies & crackers |
| Rice-a-Roni | Paper towels, napkins & tissues |
| Stuffing mix | Diapers—sizes 1-6 |
| Canned pasta | Carnation Good Start |
| Rice | Instant formula |
| Spaghetti or other pastas | Baby food – stages 1-3 |
| Spaghetti sauce | Boxed baby cereal – stages 1-6 |
| Boxed potatoes | Infant juices - stages 1-3 |
| Sloppy Joe mix | Soap |
| Oatmeal, grits, & cereals | Other non-perishable items |
| Dish detergent & other cleaning items | |

September 2017

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|---|--|--|--|
| | | | | | <i>1</i> <u>7:30 p.m.</u> Abridged Shabbat Service (NO childcare available) | <i>2</i> |
| <i>3</i> <u>1:00 p.m.</u> Shalom Strings Music Program <u>2:00 p.m.</u> Religious School (TS) | <i>4</i> LABOR DAY OFFICE CLOSED | <i>5</i> <u>7:00 p.m.</u> Sisterhood Meeting | <i>6</i> | <i>7</i> | <i>8</i> NO Shabbat Eve Service | <i>9</i> <u>9:00 a.m.</u> Jewish Cuisine <u>10:00 a.m.</u> Shabbat Morning Service followed by Community Lunch (No childcare available) |
| <i>10</i> <u>10:00 a.m.</u> Religious School (TS) (RS) | <i>11</i> | <i>12</i> <u>7:00 p.m.</u> Temple Board Meeting | <i>13</i> | <i>14</i> | <i>15</i> <u>7:30 p.m.</u> Shabbat/Selichot Service (Childcare as needed - call Temple office) | <i>16</i> <u>8:45 p.m.</u> Community Selichot @ UJC hosted by Adath Jeshurun Synagogue |
| <i>17</i> <u>10:00 a.m.</u> Religious School (TS) (RS) | <i>18</i> | <i>19</i> <u>1:30 p.m.</u> NCJW Book Club Meeting | <i>20</i> <u>7:30 p.m.</u> Rosh Hashanah Eve Service (Childcare available) | <i>21</i> <u>10:00 a.m.</u> Rosh Hashanah Morning Service (No childcare available) OFFICE CLOSED | <i>22</i> <u>7:30 p.m.</u> Shabbat Shuvah Service (Childcare as needed - call Temple office) | <i>23</i> |
| <i>24</i> <u>10:00 a.m.</u> Brotherhood Breakfast/Religious School (TS) (RS) <u>1:00 p.m.</u> Cemetery Service @ Pewee's Memorial Park | <i>25</i> | <i>26</i> | <i>27</i> | <i>28</i> | <i>29</i> <u>7:30 p.m.</u> Yom Kippur Eve Service (Childcare available) | <i>30</i> <u>10:00 a.m. Y.K.</u> *Morning Svc; <u>7:30 p.m.</u> Afternoon Svc; <u>1:45 p.m.</u> Yizkor Svc. (Childcare available) <u>4:45 p.m.</u> No'lah Svc./ Break-the-fast * Childcare available) OFFICE CLOSED |

Now it's easier than ever to sponsor an Oneg

The word "Oneg" means delight, and there are many occasions that provide a reason to share delight with our Temple Sinai family.

And now the Sisterhood has made it even easier, with the introduction of the Oneg fund. For only \$36 you can mark that special occasion.



Celebrate a birthday, anniversary, graduation, retirement, promotion or honor or remember a friend or family member by contributing to the Temple Sinai Oneg fund.

Your contribution helps provide an assortment of food and drinks as well as a kitchen assistant to take care of set up and clean up.

Contributors are listed in the weekly service program and in the monthly Temple bulletin, and their names are read during the announcements at Shabbat services.

To contribute to the Oneg fund, just fill out the form below and send it to Mary Beth Colgan at Temple Sinai, along with \$36 for each Oneg you wish to contribute to. Share your joy and remembrances with your friends and family at Temple Sinai.

Name: _____

Phone: _____ email: _____

I would like to contribute to the Oneg fund for the following occasions:

In honor of /memory of _____

Date _____

In honor of /memory of _____

Date _____

In honor of /memory of _____

Date _____

In honor of /memory of _____

Date _____

Please enclose a check for \$36 for each Oneg payable to Temple Sinai Sisterhood.

Please mail the completed form to:

Temple Sinai Oneg Fund

11620 Warwick Blvd.

Newport News, VA 23601

You can get something for a dollar!



You can get a birthday or anniversary greeting card sent and help Temple Sinai.



For just \$1 per person, we will sign your name to a birthday or anniversary card and mail it for you. No last minute trips to the store, no mad dashes to the post office, no wracking your brains for clever posts on Facebook. Temple Sinai Sisterhood will take care of it all. All proceeds will help Sisterhood continue its programs. All you have to do is fill in the names on this list, indicate birthday or anniversary, and mail it and your check to:

Jena Chenkin
612 Burton St.
Hampton, VA 23666

(Sender and recipients must be Temple members)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____



Have more than 10 friends? Just turn the sheet over and continue on the back. Thank you