

TEMPLE SINAI (Established July 6, 1955)

Rabbi Séverine Sokol (1-314-628-9196)

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www.facebook.com/pages/Temple-Sinai/161739667352609t

twitter account, address: templestinai_nn@templestinai_nn

OCTOBER 2017 - 5778



A Message from the Rabbi

I first visited Yam HaMelach, the Dead Sea, located near Israel on the Eastern side and near Jordan on the Western side, in 1993. It was one of the most memorable highlights of my trip, along with many others, including witnessing our sacred nation's leadership's advance of the historic Oslo Accords.

I will never forget the unique sensations of floating on the beautiful Dead Sea and watching tourists lather their bodies with this natural landmarks's rich and silky mud on the beach.

I truly felt regenerated and renewed after this amazing experience and when I studied in Jerusalem in the third year of my rabbinical studies, I made another pilgrimage, in the little spare time I had, to this wondrous resource.

We have exquisite health spas in France, one of which (Aix-les-Bains) my mother benefited from years ago, but I have to say I had never experienced anything like Yam HaMelach. It is a unique sea, which contains an exceptional amount of salt and is packed with minerals that are said to be particularly good for one's skin.

As you know, we are fortunate enough to enjoy a bit of Yam HaMelach in our American malls, with Israeli vendors talking up their beloved Sea and advertising with great pride and conviction all sorts of beauty products fashioned from her precious ingredients. With every sample comes a great deal of passion.

On Friday, October 27, during Oneg following abridged services at 7:30 p.m., Tal Ezer, Professor of Ocean Earth & Atmospheric Sciences at ODU who did extensive research on the Dead Sea, will be our special guest in honor of Parashat Lech Lecha, in the Book of Genesis, which features Yam HaMelach.

This will be an exclusive event, which will enable us all to learn about the Dead Sea from a scientific point of view. Professor Ezer will also share with us findings from his recent research on climate change, sea level rise and local flooding.

I hope many of you will take advantage of Professor Ezer's presentation!

L'Shalom,
Rabbi Severine Sokol



**Religious Calendar
OCTOBER 2017**



Friday, October, October 6th

No Shabbat Eve Service

10:00 a.m., Saturday, October 7th

Shabbat Morning Service

Torah Portion: Chol HaMo'ed
(Exodus 33:12-34:26)

Greeting Usher: Lynne Schofield

Kiddush: Lona Ross

Torah Honors: Paul Brindza

Security Usher &

Announcements: Paul Brindza

Kiddush & Luncheon (see info on next page under "Jewish Cuisine") follows service

NO Childcare available

7:30 p.m., Friday, October 13th

Shabbat/Simchat Torah Service

Torah Portion: B'reisheet (Gen. 11:1-6:8)

Security Usher &

Announcements: Jack Seligman

Oneg Shabbat follows service

NO Childcare available

7:30 p.m., Friday, October 20th

Shabbat Eve Service

Torah Portion: Noach (Gen. 6:9-11:32)

Security Usher &

Announcements: Donn Turner

Oneg Shabbat follows service

NO Childcare available

7:30 p.m., Friday, October 27th

Abridged Shabbat Eve Service. Following service during the Oneg presentation by Tal Ezer of ODU his topic will be "The Dead Sea" (more info in box below)

Torah Portion: Lech Lecha (Gen. 12:1-17:27)

Security Usher &

Announcements: Ilene Leiss

Oneg Shabbat follows service

NO Childcare available

Friday October 27th following abridged services @ 7:30 p.m.

Join us for a special presentation on Yam HaMelach, the Dead Sea, by Professor Tal Ezer of ODU in honor of Parashat Lech L'cha, where the Dead Sea is mentioned. Professor Tal Ezer is a Professor of Ocean Earth & Atmospheric Sciences (OEAS) Affiliated Faculty, Virginia Modeling Analysis & Simulation Center (VMASC).

He has a Ph.D. in Physical Oceanography from Florida State University (1989), an M.Sc. in Atmospheric Sciences from the Hebrew University (1984) and a B.Sc. in Physics & Mathematics from the Hebrew University (1981).

He came to ODU in 2007, after spending almost eighteen years at [Princeton University](#). Since the early 1990s he has managed and provided support to the Princeton Ocean Model ([POM](#)) users group of some 4,000 modelers from 70 countries.

His research interests are: physical oceanography, numerical ocean modeling, coastal dynamics, mixing processes, physical-biological interactions, Climate Change and Sea Level Rise.

Change of address:

Steve & Charlene Wendell
11 Amy Brooks Drive
Newport News, VA 23606

Help Temple Sinai Religious School - every time you shop at Farm Fresh earns points towards free items for our religious school. Last year the method changed to using key fobs. It's easy, at check out just give your key fob to the cashier and it will be scanned. If you have one from last year they are still good, if you need to pick one up they are available in the Temple office.

Cemetery plots - Temple Sinai section @ Peninsula Memorial Park available - cost: members - \$2,000 - non-members - \$3,000. Please contact Mary Beth if interested.

Mazel Tov



Birthdays:

Gary Chenkin, Daniel Meyerson, Helen Mittelman, Susan Rainville, Wendy Shulman, Odelliah Sokol, Marilyn Starner, Sharon Stieffen, Donn Turner, Jill Weisenberg

JEWISH CUISINE

Please be our special Shabbat guest and join Rabbi Sokol on Saturday mornings, at 9 a.m. prior to services, and start the day right with prayer and a hearty appetite for Jewish Cuisine as you share a delicious meal with your Temple Sinai family!

By popular demand, Rabbi Sokol will teach more of her authentic family recipes. No prior experience necessary, all are welcome to be swept away by the aromas and flavors Morocco and France.

The Jewish Cuisine class at 9 a.m. is free of charge. It is open to the public and there is no need to RSVP. Please knock on the kitchen door at the top of the staircase, near the biblical garden, to your right facing the building from the parking lot. If you need to use the ramp please call Rabbi Sokol at (314) 628-9196.

The Community Lunch following our 10 a.m. service is open to the public and costs \$12 for adults and \$5 for children under 12. Kindly call Temple Sinai's office (596-8352) to RSVP and pay by the listed deadlines. Please let Mary Beth know if you intend to attend the class or the luncheon or both.

To our vegetarian friends: You can substitute any fish/poultry dish with an alternative vegetarian entrée upon request. Please be sure to call the office by the deadline to reserve your vegetarian entrée!

Our second session is October 7, 2017
(RSVP by noon on Monday, October 2nd):

In Celebration of Sukkot
FALL VEGETABLES & CHICKEN COUSCOUS
An amazing Moroccan combination of palate tingling spices, seasonal vegetables & succulent chicken served on a bed of couscous grain. Comfort food at its best. Complimented by wine, crusty bread, mixed greens & tomato salad, fresh fruit, cheese & crackers, nuts and ever so sweet cookies.

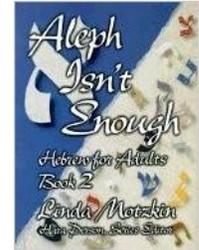


Our Hebrew Class Is Back!

We will complete our studies in "Aleph Isn't Tough" and will embark on a new adventure with "Aleph Isn't Enough"!

We will meet at Temple Sinai on the following dates (all Wednesdays @ 1 p.m.):

October 25
November 1, 8, 29
December 6, 13
January 3, 10, 24, 31
February 7, 14, 28
March 7, 14
April 11, 25
May 2, 9, 23, 30
June 6, 13



Please note this schedule is subject to changes. Rabbi Sokol will let the group know of any changes as soon as she can.

Looking forward to another great year together!

Rabbi Sokol

Contributor's Corner



ENDOWMENT FUND

IN MEMORY OF PHIL SALASKY by Mr. & Mrs. Mike Keech; **BOBBI WEISENGER** by Mr. & Mrs. Stu Flechner

RABBI FUND

IN MEMORY OF DR. PHIL SALASKY by Mr. & Mrs. Arthur Fass; **BOBBI WEISENGER** by Mr. & Mrs. Lou Teichman

PULPIT MUSIC FUND

SPEEDY RECOVERY TO LARRY CHENKIN by Mr. & Mrs. Larry Linn; **SHIRLY STEIN** by Mr. & Mrs. Larry Linn; **STU FLECHNER** by Mr. & Mrs. Larry Linn

RABBI'S DISCRETIONARY FUND

IN MEMORY OF BOBBI WEISENGER by Mr. & Mrs. Stephen Kadonoff

Yahrzeits



September 24 - September 30 (4 - 10 Tishrei)

Samuel Aronsohn	Tishrei	4	
Sadie Kolinsky	Sept.	26	
Marvin B. Lerner		26	
Rose Norad		29	Aunt, Larry King
Nellie Katz		30	

Names will be read during Yom Kippur Eve Service on Friday, September 29th @ 7:30 p.m.

October 1 - October 7 (11 - 17 Tishrei)

Regina Goldman	Oct.	1	
Isadore Falk		3	Uncle, Paul Aronsohn & Leslie Borwick
Lucille Goldsmith		4	Mother, Barbara Seligman
Spurgeon O. Ledford		4	
Seth Leonard Strick		4	
Max Weber		4	Father, Maynard Weber
Ronse Bloom Harkavy		5	
Betty Lubert		5	Mother, Ruth Sacks
Martin A. Gold		6	Husband, Ruth Gold Williams
Adelaide Wolf		7	

Names will be read during Shabbat Morning Service on Saturday, October 7th @ 10:00 a.m.

October 8 - October 14 (18-24 Tishrei)

David Hillerson	Oct.	8	Father, Karen Katz
Reba Nichols		8	Sister, Mary Heatwole
Emanuel E. Falk		10	
Mildred Lebow Kaplan		10	Cousin, Joanne Roos
Joseph Hirshman		11	
Martin Aronsohn		11	Father, Paul Aronsohn & Leslie Borwick
Eugene Ostrovsky		11	Husband, Nella Ostrovsky
Erwin Benson Drucker		12	
Vincent L. Revier		14	

Names will be read during Shabbat/Simchat Torah Service on Friday, October 13th @ 7:30 p.m.

October 15 - October 21 (25 Tishrei - 1 Cheshvan)

Jack Spivak	Tishrei	26	
Ronald M. Hyman		15	
Hattie W. Eisenman	Oct.	16	
Bessie E. Markoff		16	
Adele Topkis Gerson		17	
Samuel Torn		19	Father, Sandra Teichman
Maurice Lewin		19	
Gregory Dean Chigos		20	
Harry Ellenson		20	
Rita Lessner Newman		20	Mother, Lona Ross
Belle P. Polasky		20	
Leopold Mallinger		20	Uncle, Ilene Leiss
Ivor J.D. Worrall		21	

Names will be read during Shabbat Eve Service on Friday, October 20th @ 7:30 p.m.

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October 22 - October 28 (2 - 8 Cheshvan)

Amy Sue Owens	Oct.	22	
Janice Lee Aronsohn		23	Sister, Paul Aronsohn & Leslie Borwick
Rossye Nachman Becker		23	
Dora Rosenthal Wolf		24	
Larry Cooper		25	Uncle, Ilene Leiss
Lina Oppenheimer		25	Grandmother, Lynne Schofield
Maurice G. Eisenman		26	
Marilyn L. Goldberg		26	Wife, Stanley Goldberg
Donald M. Sagman		26	
Edythe Arch Sear		27	
Burton Macy Rudy		28	
Marilyn R. Schaffer		28	
Rae Schaffer		28	

Names will be read during Shabbat Eve Service on Friday, October 27th @ 7:30 p.m.

October 29 - November 4 (9 - 15 Cheshvan)

Lillian Kaplan	Cheshvan	13	Mother, Marvin Kaplan
Florence R. Gerber	Oct.	30	
Arnold Wachsmann		30	Brother, Rita Meyerson
Victor M. Harkavy		30	
Mary Lebow	Nov.	2	Great-aunt, Joanne Roos
Ben Lebow		2	Great-uncle, Joanne Roos
Morris W. Schwartz		2	
Sima Solomon		2	Great-grandmother, Joanne Roos
Haim Kessel		4	Father-in-law, Michael Byalik
Lee J. Walters		4	
Ruth White		4	
Anne Cooper		4	Aunt, Ilene Leiss

Names will be read during Shabbat Service of Healing on Friday, November 3rd @ 7:30 p.m.

Oneg Fund

It is now easier than ever to sponsor an Oneg by making a contribution to the newly established Oneg Fund. For a \$36 contribution you can celebrate a birthday, anniversary, and other special event or honor or remember a friend or family member. The contribution covers the cost of food, beverages, paper goods and a kitchen assistant to take care of setup and cleanup.

Contributors are listed in the weekly service program and in the monthly Temple bulletin, and their names are read during the announcements at Shabbat Services. Please see the flyer in this bulletin.

September 9th

Mrs. Mary Heatwole in memory of Dr. Eugene Heatwole
Rita Gorochovska & Vladimir Byalik in memory of Anna Gorochovska

September 15th

Mrs. Sheila Schoenberg in memory of Jeffrey M. Schoenberg
Mr. & Mrs. Paul Aronsohn in honor of their anniversary, in honor of her birthday and in honor of the birthday of her mother, Annie Hessels Johnston
Donn Turner & Irene Jacobson in honor of their wedding anniversary

September 22nd

Stanley & Andrew Goldberg in memory of David Goldberg

October 13th

Dr. & Mrs. Dennis Katz in memory of David Hillerson

October 27th

Stanley & Andrew Goldberg in memory of Marilyn L. Goldberg

COME ONE, COME ALL...

On Nov. 12 at 11 a.m., Temple Sinai will host the Simcha Klezmerim Band as it performs in concert, playing the traditional music of Eastern European Jews. Following the tunes that are sure to stir our hearts will be a luncheon of street food of Israel prepared by Gholam Farrokhpour and our Brotherhood. Think roasted cauliflower with tahini sauce. Falafel. Baba ganush. Hummus. Israeli salads. Grilled meat and more.

There's no cost to attend the concert or luncheon but the event is a fundraiser to complete the Rabbi Fund support for our Rabbi's current contract, which was renewed for three years effective July 1, 2017.

We need to raise an additional \$80,000 to complete full Rabbi Fund support for the current contract. The Simcha Klezmerim Band had its first performances for OpSail 2000 at Towne Point Park (Norfolk). Since then, the band has provided music for such varied situations as the ODU performances of the Holocaust drama "Manifest" and joyful occasions such as weddings, Bar and Bat Mitzvah, and Simchat Torah celebrations. All of the group's five members are professional musicians and retired military.



Photo courtesy of the Simcha Klezmerim Band

The afternoon is a thank-you party for those who have already pledged to the Rabbi Fund. No gift is too small. At whatever comfort level new pledgers will offer, and in the spirit of *todah rabah*, mitzvot will abound for Temple Sinai. Those who have already pledged need not do so again.

You don't want to miss this afternoon. Put Nov. 12 on your calendars now. Questions? Please call Temple Sinai President Paul Brindza at 757-262-6150.

Rabbi Fund Pledge:

I pledge:

Due by date: Dec. 2017 _____ Jan. 2018 \$ _____ Jan. 2019 \$ _____ Jan. 2020 \$ _____

I've already pledged and wish to make an additional contribution of \$ _____

I plan to attend on Nov. 12th _____

Your pledged donations to the Rabbi Fund are 100 % Federal and State tax deductible. It is advantageous for you to pledge and make your first payment during 2017 in order for you to take advantage of the four payment budgeting plan which spreads your commitment out over four years instead of three thus reducing your annual payment. Pledge payments are due in the first quarter (January – March) of each year except for 2017.

Now it's easier than ever to sponsor an Oneg

The word "Oneg" means delight, and there are many occasions that provide a reason to share delight with our Temple Sinai family.

And now the Sisterhood has made it even easier, with the introduction of the Oneg fund. For only \$36 you can mark that special occasion.



Celebrate a birthday, anniversary, graduation, retirement, promotion or honor or remember a friend or family member by contributing to the Temple Sinai Oneg fund.

Your contribution helps provide an assortment of food and drinks as well as a kitchen assistant to take care of set up and clean up.

Contributors are listed in the weekly service program and in the monthly Temple bulletin, and their names are read during the announcements at Shabbat services.

To contribute to the Oneg fund, just fill out the form below and send it to Mary Beth Colgan at Temple Sinai, along with \$36 for each Oneg you wish to contribute to.

Share your joy and remembrances with your friends and family at Temple Sinai.

Name: _____

Phone: _____ email: _____

I would like to contribute to the Oneg fund for the following occasions:

In honor of /memory of _____

Date _____

Please enclose a check for \$36 for each Oneg payable to Temple Sinai Sisterhood.

Please mail the completed form to:

Temple Sinai Oneg Fund

11620 Warwick Blvd.

Newport News, VA 23601

You can get something for a dollar!



You can get a birthday or anniversary
greeting card sent
and help Temple Sinai.



For just \$1 per person, we will sign your name to a birthday or anniversary card and mail it for you. No last minute trips to the store, no mad dashes to the post office, no wracking your brains for clever posts on Facebook. Temple Sinai Sisterhood will take care of it all. All proceeds will help Sisterhood continue its programs. All you have to do is fill in the names on this list, indicate birthday or anniversary, and mail it and your check to:

Jena Chenkin
612 Burton St.
Hampton, VA 23666

(Sender and recipients must be Temple members)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____



Have more than 10 friends? Just turn the sheet over and continue on the back. Thank you

October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <u>10:00 a.m.</u> Religious School	2	3 <u>7:00 p.m.</u> Sisterhood Meeting	4	5 SUKKOT	6 NO Shabbat Eve Service	7 <u>9:00 a.m.</u> Jewish Cuisine <u>10:00 a.m.</u> Shabbat Morning Service followed by Community Lunch (No childcare available)
8 <u>10:00 a.m.</u> Religious School	9	10 <u>7:00 p.m.</u> Temple Board Meeting	11	12 SHMINI ATZERET	13 <u>7:30 a.m.</u> Shabbat/Simchat Torah Service (Childcare as needed - call Temple office) SIMCHAT TORAH	14
15 <u>10:00 a.m.</u> Brotherhood Breakfast/ Religious School (RS) (TS)	16	17	18 <u>1:30 p.m.</u> NCJW Book Club Meeting	19	20 <u>7:30 p.m.</u> Shabbat Eve Service (Childcare as needed - call Temple office)	21
22 <u>10:00 a.m.</u> Temple Simai Religious School	23	24	25 <u>1:00 p.m.</u> Adult Hebrew Education Class "Aleph Isn't Enough"	26	27 <u>7:30 p.m.</u> Abridged Shabbat Eve Service followed by guest speaker Tal Ezer during Oneg (Childcare as needed - call Temple office)	28
29 <u>10:00 a.m.</u> Religious School (TS) (RS)	30	31				